

- Instrucciones:**
- a) Duración: 1 hora
 - b) Puntuación hasta 10 puntos
 - c) Se deberá realizar una traducción sin diccionario del texto propuesto, que no tendrá que ser necesariamente una traducción literal del mismo. El texto en castellano deberá respetar las normas formales de este idioma.

Veganism

Vegans try to live, as much as possible, in a way that avoids exploiting and being cruel to animals. This means following a plant-based diet. They do not eat animals or animal-based products like meat, fish, seafood, eggs, honey and cheese. Vegans argue that suffering is caused in the production of these foods. For example, they say that, on some farms, cows are killed when they get older and produce less milk. Similarly, on some egg farms, male baby chickens are killed because they do not produce eggs. They also say that bees' health can suffer when humans take the honey from them. Moreover, for many vegans, living an active lifestyle means not wearing clothes made from animal skins and avoiding any products which have been tested on animals.

For many people, the main reason to go vegan is because animals have a right to life and freedom. However, there are other reasons. Vegans argue that the production of meat and other animal products is very bad for the environment. They point out that a huge quantity of water is needed to grow grain to feed animals in the meat industry. Furthermore, the enormous amount of grain which the meat industry needs often causes the loss of forests and habitats. Finally, many vegans say that all the nutrients our bodies need are contained in a carefully planned vegan diet and that this type of diet helps prevent some diseases.